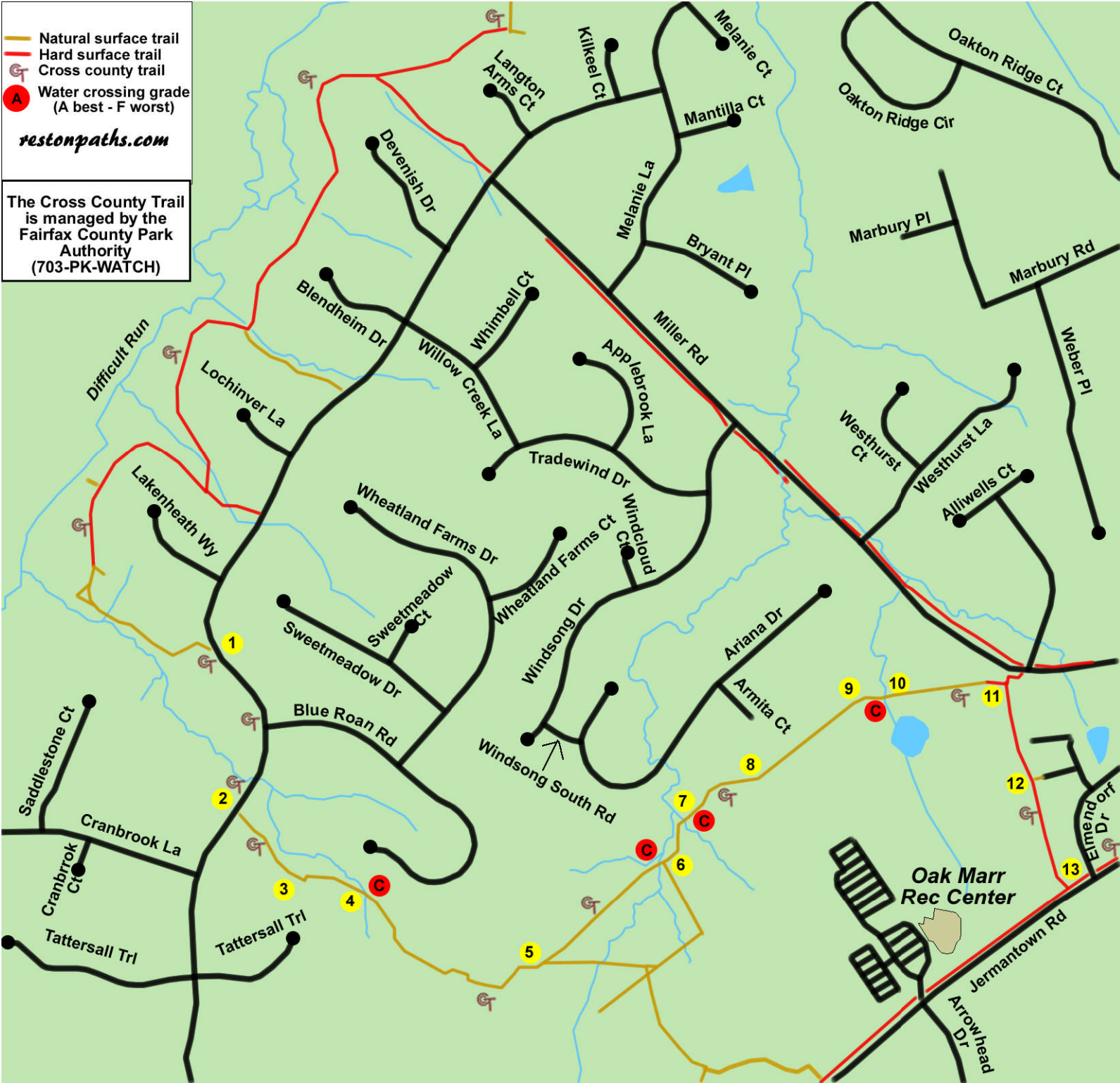


-  Natural surface trail
-  Hard surface trail
-  Cross county trail
-  Water crossing grade (A best - F worst)

restonpaths.com

The Cross County Trail is managed by the Fairfax County Park Authority (703-PK-WATCH)



This section of the Cross County Trail follows Miller Heights Road for a distance of about ¼ miles before entering a wooded area. People wishing to walk the entire section should start at point 1 in the directions. People wishing to just visit the off road sections should start at point 2. Parking is available along the side of Miller Heights Road for either starting point.

These directions are stated in terms of east and west since that is the general direction of this section of the trail. The overall direction of the trail is north and south. People going east are headed toward the southern part of the county. West corresponds to travel toward the northern part of the county.

1. **(East)** This section of the walk starts at the marker opposite 3219 Miller Heights Road. People leaving the prior section of trail should turn right upon reaching Miller Heights Road and follow the gravel shoulder of the road. Walking along the shoulder of the road the numbers on the mailboxes should all be even and should be increasing.
(West) This section of the walk ends at the trail marker opposite 3219 Miller Heights Road. To continue into the next section turn left and enter the woods here.
2. **(East)** Notice the crosswalk just prior to 3300 Miller Heights Road. Turn left and cross at this crosswalk. The trail enters the woods. This portion of the trail may be muddy for the first 30 feet after a rain.
(West) The trail meets Miller Heights Road. To continue on to point 1 on the map cross at the crosswalk and turn right to walk along the gravel shoulder next to the guardrail. Continue on the gravel shoulder for about ¼ mile.
3. **(East)** The trail passes a fence. Continue along the current trail.
(West) The trail passes next to a fence. Continue along the trail as it turns right away from the fence.
4. **(East)(West)** The trail makes a crossing over a small stream.
5. **(East)** A trail intersects from the right. Continue straight on the current trail.
(West) A trail intersects from the left. Continue straight on the current trail.
6. **(East)** The trail makes a stream crossing. On the other side a trail intersects from the right. Continue straight on the current trail.
(West) A trail intersects from the left at a stream crossing. Continue straight across the stream.
7. **(East) (West)** The trail makes a stream crossing.
8. **(East)** The trail leaves the woods and passes next to a fence separating it from a golf course. There is also a fence on the left separating the trail from private property. The putting green on the right seems to be popular.
(West) The trail leaves the fenced area and enters the woods. Notice the golfers on the putting green on the left just before you enter the woods.

9. **(East)** The trail turns right at a corner of the golf course and bushes separate it from the fence.
(West) The trail turns left at a corner of the golf course. The trail is separated from the golf course by a fence on the left and from private property by a fence on the right.
10. **(East)(West)** The trail makes a stream crossing.
11. **(East)** The trail changes to a hard surface. Soon the trail intersects with an asphalt trail and the fence turns right. Turn right to follow the asphalt trail along the fence.
(West) The fence on the left side of the trail turns at an intersecting trail. Turn left to follow the hard surface trail along the fence. After a short distance the trail surface changes to dirt.
12. **(East)(West)** A dirt trail intersects. Continue straight on the asphalt trail.
13. **(East)** The trail intersects with Jermantown Road. This marks the end of this section of the trail. To continue onto the next section of the trail turn left onto the asphalt trail on the side of Jermantown Road.
(West) People traveling on the previous section of the CCT should look for an intersecting asphalt trail on the right after crossing Elmendorf Drive. Notice the display case on the left side of the trail just prior to the woods. Take the asphalt trail into the woods as it follows the edge of the Oak Marr Rec Center. If you reach the entrance to the Oak Marr Rec Center you have gone too far.